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Psychology

Higher level

Paper 1

6 May 2026

Zone A afternoon | **Zone B** afternoon | **Zone C** afternoon

2 hours

Instructions to students

- Do not turn over this examination paper until instructed to do so.
- Section A: answer all the questions.
- Section B: answer one question.
- The maximum mark for this examination paper is **[49 marks]**.

Section A

Answer **all** questions in this section. Marks will be awarded for focused answers demonstrating accurate knowledge and understanding of research.

Biological approach to understanding behaviour

1. Explain **one** link between genes and behaviour with reference to **one** relevant study. [9]

Cognitive approach to understanding behaviour

2. Explain reconstructive memory with reference to **one** relevant study. [9]

Sociocultural approach to understanding behaviour

3. Describe **one** effect of enculturation on human cognition and/or behaviour with reference to **one** relevant study. [9]

Section B

Answer **one** question in this section. Marks will be awarded for demonstration of knowledge and understanding (which requires the use of relevant psychological research), evidence of critical thinking (for example, application, analysis, synthesis, evaluation), and organization of answers.

4. Discuss the role of animal research in understanding human behaviour. [22]
5. Evaluate **one or more** research methods used in the cognitive approach to understanding behaviour. [22]
6. Discuss the formation of stereotypes **and/or** the effect(s) of stereotypes on behaviour. [22]
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